

# EXERCISE AND SPORT SCIENCE - MINOR

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This minor is offered in the College for Women only.

## Curriculum

| Code                 | Title                                      | Credits   |
|----------------------|--------------------------------------------|-----------|
| EXSS 2660            | Introduction to Exercise and Sport Science | 4         |
| EXSS 3350            | Kinesiology and Biomechanics with Lab      | 4         |
| EXSS 3450            | Exercise Physiology with Lab               | 4         |
| EXSS 3550            | Exercise Testing and Prescription with Lab | 4         |
| EXSS 3750            | Care and Prevention of Athletic Injuries   | 2         |
| FSNU 2300            | Nutrition Foundations                      | 4         |
| <b>Total Credits</b> |                                            | <b>22</b> |

| Code                                | Title                                    | Credits |
|-------------------------------------|------------------------------------------|---------|
| <b>Required Supporting Courses:</b> |                                          |         |
| BIOL 2610                           | Human Anatomy and Physiology I with Lab  | 4       |
| BIOL 2620                           | Human Anatomy and Physiology II with Lab | 4       |