

CHEMICAL DEPENDENCY COUNSELING: ADDICTION AND RECOVERY - MINOR

This minor provides students with a foundational understanding of substance misuse and recovery and the impact on multiple areas of life.

Students looking to work in health care, social work, nursing, public health, or other clinical settings with individuals and families will benefit from this minor. Core courses help students learn how to identify substance misuse and addiction, the beginning steps in assisting, advocating for, and referring people who have chemical health concerns. This minor meets the educational requirements for the Minnesota's Licensed Alcohol and Drug Counseling. Students interested in gaining practicum experience should contact the Director of Field Education, Kia Lee.

Minor Objectives

- Understand addiction and recovery and their impact on multiple areas of life.
- Understand the interdisciplinary approach to addiction and recovery counseling.
- Pharmacology of substance abuse disorders and the dynamics of addiction including co-occurring disorders.
- Screening, intake, assessment, and treatment planning
- Understand and apply counseling theory and practice, models of treatment, and crisis intervention.
- Develop skills in case management, consultation, referral, treatment planning, reporting, record keeping.
- Understand professional and ethical responsibilities.
- Identify and respond to multicultural considerations of addiction and recovery.

This minor is offered in the College for Women and College for Adults.

Curriculum

Note: Students are advised to check prerequisite requirements prior to registering for classes.

Code	Title	Credits
CDC 3000	Chemical Dependency Counseling: Assessment and Intervention	4
CDC 3050	Culturally Responsive Addiction and Recovery Counseling - Individuals and Families	4
CDC 4350	Co-Occurring Disorders and Pharmacology	4
SOWK 3550	Communication and Interviewing Skills	4
SOWK 3850	Group Work Skills	4
Total Credits		20