

# PRE-DIETETICS

St. Catherine University offers a dual-degree program for the Master of Science in Nutrition & Dietetics (MSDT) for a limited number of undergraduate students. This program is available only to certain majors and contingent on students meeting MSDT admission requirements. This information can be found under the "Major Requirements" heading.

Qualifying students will complete their undergraduate major in three years. In their fourth year, while still enrolled at the undergraduate level, students will begin taking MSDT courses while completing any remaining undergraduate requirements to earn their Bachelor's degree. In their fifth year, students will complete the MSDT program while enrolled as graduate students.

St. Catherine University offers a dual-degree program to undergraduate students that includes coursework that satisfies the Master of Science in Nutrition & Dietetics (MSDT) prerequisites, liberal arts core requirements, and major coursework.

Upon completion of the curriculum below, students will earn a B.S. in Applied Science in Nutrition and Dietetics and a Master of Science in Nutrition and Dietetics (MSDT) degree.

## Dual Degree (3+2) Applicants

To be considered for admission, applicants must meet the following requirements:

- Junior status at St. Catherine University
- Declared major in Applied Science in Nutrition & Dietetics
- An undergraduate cumulative grade-point average (G.P.A.) of 3.0 or higher on a 4.0 scale
- Completion of all prerequisite coursework (with grades of C or better in each)
- Successful completion and a competitive score of the MSDT Admission Application

The curriculum listed below indicates the undergraduate coursework a student must complete by the end of their junior year.

Students who are admitted into the MSDT program will take **graduate level coursework in their senior year**, which will count towards their undergraduate and graduate program requirements. Typically, students will be awarded their Bachelor's Degree at the end of their senior year.

After completion of their Bachelor degree, students will complete any remaining graduate level courses to earn their Master of Science in Nutrition & Dietetics (MSDT) degree.

## Applied Science in Nutrition & Dietetics

Code	Title	Credits
<b>Required Supporting Courses</b>		
CHEM 1110	General Chemistry I with Lab <sup>1</sup>	4
CHEM 1120	General Chemistry II with Lab <sup>1</sup>	4
BIOL 2200	Introduction to Microbiology with Lab <sup>1</sup>	4
BIOL 2610	Human Anatomy and Physiology I with Lab <sup>1</sup>	4

BIOL 2620	Human Anatomy and Physiology II with Lab <sup>1</sup>	4
EXSS 3200 or PSYC 4450	Health Behavior Psychology <sup>2</sup> Psychology of Eating with Lab	4
IPE 1030	Healthcare Teams Foundations and Medical Terminology	2
PHIL 3400	Biomedical Ethics	4
PSYC 1001	General Psychology with Lab <sup>1</sup>	4
PSYC 2025	Lifespan Developmental Psychology	4
Select one from: <sup>1</sup>		4
HLTH 1090	Biostatistics	
STAT 1089	Statistical Analysis with Corequisite	
STAT 1090	Statistical Analysis	
<b>Nutrition Science Courses</b>		
FSNU 2300	Nutrition Foundations	4
FSNU 2400	Food is Medicine	2
FSNU 3400	Sports Nutrition	4
<b>Total Credits</b>		<b>52</b>

<sup>1</sup> Also a graduate program prerequisite

<sup>2</sup> Check prerequisites before planning a program of study

## Graduate Courses taken during senior year:

Code	Title	Credits
FSNU 4300W	Advanced Nutrition	4
NUTR 5100	Nutrition Education and Counseling	3
NUTR 5300	Professionalism in Dietetics	3
NUTR 5400	Lifecycle Nutrition: Pediatrics	3
NUTR 5450	Lifecycle Nutrition: Adulthood	3
NUTR 5500	Medical Nutrition Therapy I	3
NUTR 5200	Community Nutrition I	3
NUTR 5600	Foodservice and Nutrition Management	3
<b>Total Credits</b>		<b>25</b>

## graduate courses taken after completion of bachelor's degree

Code	Title	Credits
NUTR 6200	Community Nutrition II	3
NUTR 6270	Current Issues in Nutrition	3
NUTR 6300	Food Science	3
NUTR 6400	Experimental and Culinary Food and Nutrition	3
NUTR 6500	Medical Nutrition Therapy II	3
NUTR 6600	Foodservice Operations and Production	3
NUTR 6700	Applied Research	3
NUTR 6800	Practicum/Clinicals	3
<b>Total Credits</b>		<b>24</b>