

PRE-MASTER OF ARTS IN OCCUPATIONAL THERAPY

St. Catherine University offers a dual-degree program for the Master of Arts in Occupational Therapy for a limited number of undergraduate students. This program is available only to certain majors and contingent on students meeting MAOT admission requirements. This information can be found under the "Major Requirements" heading.

Qualifying students will complete their undergraduate major in three years. In their fourth year, while still enrolled at the undergraduate level, students will begin taking MAOT courses while completing any remaining undergraduate requirements to earn their Bachelor's degree. In their fifth year, students will complete the MAOT program while enrolled as graduate students.

The majors listed below have each developed a sequence of courses that include the Master of Arts in Occupational Therapy (MAOT) program prerequisites, liberal arts core requirements, and major course work in their respective fields. Upon completion of the curriculum, students will earn a B.A. or B.S. degree and a Master of Arts in Occupational Therapy (MAOT) degree.

Dual Degree (3+2) Applicants

To be considered for admission, applicants must meet the following requirements:

- Junior status at St. Catherine University
- Declared major in one of the following:
 - **Communication Studies** (CFW only)
 - **Exercise and Sports Science** (CFW only)
 - **Psychology** (CFW only)
 - **Public Health: Public Policy** (CFW & CFA)
- An undergraduate cumulative grade-point average (G.P.A.) of 3.2 or higher on a 4.0 scale. Applicants who have a cumulative G.P.A. lower than 3.2 should submit an explanatory statement with their application for consideration.
- Have met with a pre-occupational therapy advisor
- Prerequisite Courses
 - Prerequisite coursework GPA of 3.2 or better
 - No more than one prereq course repeated, and repeated no more than one time
 - At least six of the nine prerequisite courses must have been completed (e.g. earned a grade) prior to applying to the MAOT program, including at least two from the sciences (A&P, stats, etc.)

The curriculum listed below indicates the undergraduate coursework a student must complete by the end of their junior year.

Students who are admitted into the MAOT program will take **graduate level coursework in their senior year**, which will count towards their undergraduate and graduate program requirements. Typically, students will be awarded their Bachelor's Degree at the end of their senior year. Students are encouraged to work with Academic Advising and the Financial Aid Office when planning for their senior year to ensure their eligibility for financial aid.

After completion of their Bachelor degree, students will complete any **remaining graduate level courses** to earn their Master of Arts in Occupational Therapy (MAOT) degree. See the end of this section for the list of courses taken in fifth year.

Communication Studies

This major is available in the College for Women only.

Students who do not gain entry into the MAOT program after their junior year will have satisfied the requirements for the Communication Studies major (<https://catalog.stkate.edu/undergraduate/humanities-arts-sciences/communication-studies/communication-studies-ba-bs/#majorrequirements>), but may need additional credits to earn a B.A. degree

Required Prerequisite Courses (pre-MAHS)

Code	Title	Credits
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
PSYC 1001	General Psychology with Lab	4
PSYC 2025	Lifespan Developmental Psychology	4
PSYC 3010	Understanding Psychological Disorders	4
SOCI 1000 or SOCI 2300 or SOCI 3250	Principles and Concepts of Sociology Sociology of Health and Medicine Cultural Anthropology	4
Select one of the following:		4
ECON 1080	Statistical Analysis for the Social Sciences	
ECON 1090	Statistical Analysis for Decision Making	
HLTH 1090	Biostatistics	
PSYC 1090	Statistical Methods in Psychology	
STAT 1089	Statistical Analysis with Corequisite	
STAT 1090	Statistical Analysis	
Total Credits		29

Communication Studies Courses

Code	Title	Credits
COMM 1000W	Communication Strategies for Social Justice	4
COMM 1030	Speaking to Lead and Influence	4
COMM 2050	Media, Culture and Society	4
COMM 3070W	Gender and Rhetoric	4
COMM 3100	Communicating across Cultures, Identities and Differences	4
COMM 4600	Leadership and the Art of Persuasion	4
COMM 485X	Senior Seminar	4
One additional 4000-level COMM course		4
Total Credits		32

Exercise and Sports Science

This major is available in the College for Women only.

Students who do not gain entry into the MAOT program after their junior year complete the remaining course requirements for the B.S. in Exercise and Sport Science (<https://catalog.stkate.edu/undergraduate/health/exercise-science/exercise-sport-science-ba-bs/#majorrequirements>text).

Required Prerequisite Courses (pre-MAHS)

Code	Title	Credits
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
PSYC 1001	General Psychology with Lab	4
PSYC 2025	Lifespan Developmental Psychology	4
PSYC 3010	Understanding Psychological Disorders	4
SOCI 1000 or SOCI 2300 or SOCI 3250	Principles and Concepts of Sociology Sociology of Health and Medicine Cultural Anthropology	4
Select one of the following:		4
ECON 1080	Statistical Analysis for the Social Sciences	
ECON 1090	Statistical Analysis for Decision Making	
HLTH 1090	Biostatistics	
PSYC 1090	Statistical Methods in Psychology	
STAT 1089	Statistical Analysis with Corequisite	
STAT 1090	Statistical Analysis	
Total Credits		29

Exercise and Sports Science Courses

Code	Title	Credits
EXSS 2660	Introduction to Exercise and Sport Science	4
EXSS 2800W	Introduction to Research Methods in Exercise Science	4
EXSS 3200	Health Behavior Psychology	4
EXSS 3350	Kinesiology and Biomechanics with Lab	4
EXSS 3450	Exercise Physiology with Lab	4
EXSS 3550	Exercise Testing and Prescription with Lab	4
EXSS 3615	Motor Learning and Motor Control	4
EXSS 3750	Care and Prevention of Athletic Injuries	2
IPE 4200W	Healthcare Teams - Evidence-Based Practice	4
Total Credits		34

PSYCHOLOGY

This dual degree major is available in the College for Women only.

Students who do not gain entry into the MAOT program after their junior year complete the remaining course requirements for the B.A. in Psychology (<https://catalog.stkate.edu/undergraduate/humanities-arts-sciences/psychology/ba/#newforfall2017cfwonlytext>).

Required Prerequisite Courses (pre-MAHS)

Code	Title	Credits
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
SOCI 1000 or SOCI 2300 or SOCI 3250	Principles and Concepts of Sociology Sociology of Health and Medicine Cultural Anthropology	4
Total Credits		13

Psychology Courses

Code	Title	Credits
PSYC 1001	General Psychology with Lab ¹	4
PSYC 1090	Statistical Methods in Psychology ¹	4
PSYC 2025	Lifespan Developmental Psychology ¹	4
PSYC 3000	Research Methods in Psychology	4
PSYC 3010	Understanding Psychological Disorders ¹	4
PSYC 4220W	History and Systems	4
3000 or 4000 level PSYC Elective		4
Total Credits		28

Code	Title	Credits
Required Prerequisite Courses (pre-MAOT)		
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
Select one of the following:		4
SOCI 1000	Principles and Concepts of Sociology	
SOCI 2300	Sociology of Health and Medicine	
SOCI 3250	Cultural Anthropology	

Psychology Core Courses

PSYC 1001	General Psychology with Lab ¹	4
PSYC 1090	Statistical Methods in Psychology ¹	4
PSYC 2025	Lifespan Developmental Psychology ¹	4
PSYC 3000	Research Methods in Psychology	4
PSYC 3010	Understanding Psychological Disorders ¹	4
PSYC 3XXX or 4XXX	Elective	4
PSYC 4220W	History and Systems	4

Graduate Courses Taken After Admission to Dual Degree Program

OCTH 5010	Human Occupation	3
OCTH 5200	Mental and Behavioral Health	3
OCTH 5410	Children, Adolescents, and Families	3
OCTH 5500	Neuroscience	3
OCTH 5600	Kinesiology for Rehabilitation	3
OCTH 6000	Foundational Skills for Occupational Therapy Practice	3
OCTH 6010	Seminar A: Entering the Profession	1

OCTH 6020	Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance	1
OCTH 6310	Evidence Based Practice	3
OCTH 6410	Foundations of Research	3
OCTH 6610	Rehabilitation Concepts	3
OCTH 6700	Older Adults in Context	3
Total Credits		73

Public Health: Public Policy

This major is available in the College for Women and the College for Adults.

Students who do not gain entry into the MAOT program after their junior year complete the remaining course requirements for the B.S. in Public Health: Public Policy (<https://catalog.stkate.edu/undergraduate/health/public-health/ba-bs/#newforfall2021text>)

Required Prerequisite Courses (pre-MAHS)

Code	Title	Credits
COMM 1000W	Communication Strategies for Social Justice	4
COMM 1030	Speaking to Lead and Influence	4
COMM 2050	Media, Culture and Society	4
COMM 3070W	Gender and Rhetoric	4
COMM 3100	Communicating across Cultures, Identities and Differences	4
COMM 4600	Leadership and the Art of Persuasion	4
COMM 485X	Senior Seminar	4
One additional 4000-level COMM course		4
Total Credits		32

Public Health: Public Policy courses

Code	Title	Credits
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Required Prerequisite Courses (pre-MAOT)

BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
PSYC 1001	General Psychology with Lab	4
SOCI 2300 or SOCI 3250	Sociology of Health and Medicine Cultural Anthropology	4

Public Health Core and Concentration Courses

HLTH 1090	Biostatistics ¹	4
HLTH 2050	Foundations in Public Health	4
HLTH 3150	Epidemiology	4
HLTH 3250 or HLTH 3210	Global Health Health Communications	4
HLTH 3350	Environmental Health	4
HLTH 4700	Practicum Preparation	2
HLTH 4754	Practicum	4
HLTH 4800W	Senior Seminar in Public Health	4

BIOL 2610	Human Anatomy and Physiology I with Lab ¹	4
MGMT 3850 or ECON 3250	Healthcare Policy Healthcare Economics	4
PSYC 2025	Lifespan Developmental Psychology ¹	4
PSYC 3010	Understanding Psychological Disorders ¹	4
One course related to the legal, economic and communication dimensions of health		4

Graduate Courses Taken After Admission to Dual Degree Program

OCTH 5010	Human Occupation ²	3
OCTH 5200	Mental and Behavioral Health	3
OCTH 5410	Children, Adolescents, and Families	3
OCTH 5500	Neuroscience	3
OCTH 5600	Kinesiology for Rehabilitation	3
OCTH 6000	Foundational Skills for Occupational Therapy Practice	3
OCTH 6010	Seminar A: Entering the Profession	1
OCTH 6020	Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance	1
OCTH 6310	Evidence Based Practice	3
OCTH 6410	Foundations of Research	3
OCTH 6610	Rehabilitation Concepts	3
OCTH 6700	Older Adults in Context	3
Total Credits		95

¹ Also meets prerequisite requirement for MAOT program.

GRADUATE COURSES TAKEN DURING SENIOR YEAR

Code	Title	Credits
OCTH 5010	Human Occupation	3
OCTH 5200	Mental and Behavioral Health	3
OCTH 5410	Children, Adolescents, and Families	3
OCTH 5500	Neuroscience	3
OCTH 5600	Kinesiology for Rehabilitation	3
OCTH 6000	Foundational Skills for Occupational Therapy Practice	3
OCTH 6010	Seminar A: Entering the Profession	1
OCTH 6020	Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance	1
OCTH 6310 or IPE 7000	Evidence Based Practice Evidence Based Practice: Interprofessional Perspectives and Competencies	3
OCTH 6410	Foundations of Research	3
OCTH 6610	Rehabilitation Concepts	3
OCTH 6700	Older Adults in Context	3
Total Credits		32

GRADUATE COURSES TAKEN AFTER BACHELOR'S DEGREE

Code	Title	Credits
OCTH 5210	Mental and Behavioral Health: The OT Process	3
OCTH 5450	Children, Adolescents, and Families: The OT Process	3
OCTH 5560	Participation and Technology	3
OCTH 6030	Seminar C and Level I Fieldwork Practice Reflection	1
OCTH 6040	Seminar D: Readiness for Level II Fieldwork	1
OCTH 6045	Community and Advocacy	3
OCTH 6060	Physical Assessment and Intervention Planning	3
OCTH 6615	Rehabilitation Practices	3
OCTH 6620	Ethical Management	3
OCTH 6710	Older Adults - The OT Process	3
OCTH 7000	Master's Project Seminar	1
OCTH 7500	Master's Project	3
OCTH 7700	Level II Fieldwork	5
OCTH 7710	Level II Fieldwork	5
Total Credits		40