

PRE-DOCTOR OF OCCUPATIONAL THERAPY

St. Catherine University offers a dual-degree program for the Doctor of Occupational Therapy for a limited number of undergraduate students. This program is available only to certain majors and contingent on students meeting OTD admission requirements. This information can be found under the "Major Requirements" heading.

Qualifying students will complete their undergraduate major in three years. In their fourth year, while still enrolled at the undergraduate level, students will begin taking OTD courses while completing any remaining undergraduate requirements to earn their Bachelor's degree. In their fifth year, students will complete the OTD program while enrolled as graduate students.

The majors listed below have each developed a sequence of courses that include the Doctor of Occupational Therapy (OTD) program prerequisites, liberal arts core requirements, and major course work in their respective fields. Upon completion of the curriculum, students will earn a B.A. or B.S. degree and a Doctor of Occupational Therapy (OTD) degree.

Dual Degree (3+2) Applicants

To be considered for admission, applicants must meet the following requirements:

- Junior status at St. Catherine University
- Declared major in one of the following:
 - **Communication Studies** (CFW only)
 - **Exercise and Sports Science** (CFW only)
 - **Psychology** (CFW only)
 - **Public Health: Public Policy** (CFW & CFA)
- An undergraduate cumulative grade-point average (G.P.A.) of 3.2 or higher on a 4.0 scale. Applicants who have a cumulative G.P.A. lower than 3.2 should submit an explanatory statement with their application for consideration.
- Have met with a pre-occupational therapy advisor
- Prerequisite Courses
 - Prerequisite coursework GPA of 3.2 or better
 - No more than one prereq course repeated, and repeated no more than one time
 - At least six of the nine prerequisite courses must have been completed (e.g. earned a grade) prior to applying to the OTD program, including at least two from the sciences (A&P, stats, etc.)

The curriculum listed below indicates the undergraduate coursework a student must complete by the end of their junior year.

Students who are admitted into the OTD program will take **graduate level coursework in their senior year**, which will count towards their undergraduate and graduate program requirements. Typically, students will be awarded their Bachelor's Degree at the end of their senior year. Students are encouraged to work with Academic Advising and the Financial Aid Office when planning for their senior year to ensure their eligibility for financial aid.

After completion of their Bachelor degree, students will complete any **remaining graduate level courses** to earn their Doctor of Occupational Therapy (OTD) degree.

Communication Studies

This major is available in the College for Women only.

Students who do not gain entry into the OTD program after their junior year will have satisfied the requirements for the Communication Studies major (<https://catalog.stkate.edu/undergraduate/humanities-arts-sciences/communication-studies/communication-studies-ba-bs/#majorrequirements>), but may need additional credits to earn a B.A. degree.

Required Prerequisite Courses (pre-OTD)

Code	Title	Credits
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
PSYC 1000 or PSYC 1001	General Psychology General Psychology with Lab	4
PSYC 2025	Lifespan Developmental Psychology	4
PSYC 3010	Understanding Psychological Disorders	4
SOCI 1000 or SOCI 2300 or SOCI 3250	Principles and Concepts of Sociology Sociology of Health and Medicine Cultural Anthropology	4
Select one from the following:		4
ECON 1090	Statistical Analysis for Decision Making	
HLTH 1090	Biostatistics	
PSYC 1090	Statistical Methods in Psychology	
STAT 1089	Statistical Analysis with Corequisite	
STAT 1090	Statistical Analysis	

Total Credits 29

Communication Studies Courses

Code	Title	Credits
COMM 1000W	Communication Strategies for Social Justice	4
COMM 1030	Speaking to Lead and Influence	4
COMM 2050	Media, Culture and Society	4
COMM 3070W	Gender and Rhetoric	4
COMM 3100	Communicating across Cultures, Identities and Differences	4
COMM 4600	Leadership and the Art of Persuasion	4
COMM 4850	Senior Seminar	4
One additional 4000-level course		4

Total Credits 32

-

Exercise and Sport Science

This major is available in the College for Women only.

Students who do not gain entry into the OTD program after their junior year complete the remaining course requirements for the B.S. in Exercise and Sport Science (<https://catalog.stkate.edu/undergraduate/health/exercise-science/exercise-sport-science-ba-bs/#majorrequirementstext>)

Required Prerequisite Courses (pre-OTD)

Code	Title	Credits
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
PSYC 1001 or PSYC 1000	General Psychology with Lab General Psychology	4
PSYC 2025	Lifespan Developmental Psychology	4
PSYC 3010	Understanding Psychological Disorders	4
SOCI 1000 or SOCI 2300 or SOCI 3250	Principles and Concepts of Sociology Sociology of Health and Medicine Cultural Anthropology	4
Select one from the following:		4
ECON 1080	Statistical Analysis for the Social Sciences	
ECON 1090	Statistical Analysis for Decision Making	
HLTH 1090	Biostatistics	
PSYC 1090	Statistical Methods in Psychology	
STAT 1089	Statistical Analysis with Corequisite	
STAT 1090	Statistical Analysis	
Total Credits		29

Exercise Science Courses

Code	Title	Credits
EXSS 2660	Introduction to Exercise and Sport Science	4
EXSS 2800W	Introduction to Research Methods in Exercise Science	4
EXSS 3200	Health Behavior Psychology (Only required for students who enter St. Catherine University Fall 2017 or later)	4
EXSS 3350	Kinesiology and Biomechanics with Lab	4
EXSS 3450	Exercise Physiology with Lab	4
EXSS 3550	Exercise Testing and Prescription with Lab	4
EXSS 3615	Motor Learning and Motor Control	4
EXSS 3750	Care and Prevention of Athletic Injuries	2
IPE 4200W	Healthcare Teams - Evidence-Based Practice	4
Total Credits		34

-

Psychology

This dual degree major is available in the College for Women only.

Students who do not gain entry into the OTD program after their junior year complete the remaining course requirements for the B.A. in Psychology (<https://catalog.stkate.edu/undergraduate/humanities-arts-sciences/psychology/ba/#newforfall2017cfwonlytext>).

Required Prerequisite Courses (pre-OTD)

Code	Title	Credits
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
SOCI 1000 or SOCI 2300 or SOCI 3250	Principles and Concepts of Sociology Sociology of Health and Medicine Cultural Anthropology	4
Total Credits		13

Psychology Courses

Code	Title	Credits
PSYC 1001	General Psychology with Lab ¹	4
PSYC 1090	Statistical Methods in Psychology ¹	4
PSYC 2025	Lifespan Developmental Psychology ¹	4
PSYC 3000	Research Methods in Psychology	4
PSYC 3010	Understanding Psychological Disorders ¹	4
PSYC 3XXX or 4XXX	Elective	4
PSYC 4220W	History and Systems	4
Total Credits		28

¹ Also meets prerequisite requirement for OTD program.

-

Public Health: Public Policy

This major is available in the College for Women only.

Students who do not gain entry into the OTD program after their junior year complete the remaining course requirements for the B.S. in Public Health: Public Policy (<https://catalog.stkate.edu/undergraduate/health/public-health/ba-bs/#newforfall2021text>)

Required Prerequisite Courses (pre-OTD)

Code	Title	Credits
BIOL 2610	Human Anatomy and Physiology I with Lab	4
BIOL 2620	Human Anatomy and Physiology II with Lab	4
IPE 1020 or IPE 1030	Medical Terminology Healthcare Teams Foundations and Medical Terminology	1
PSYC 1001 or PSYC 1000	General Psychology with Lab General Psychology	4
PSYC 2025	Lifespan Developmental Psychology	4
PSYC 3010	Understanding Psychological Disorders	4
SOCI 1000	Principles and Concepts of Sociology	4

or SOCI 2300 Sociology of Health and Medicine
or SOCI 3250 Cultural Anthropology

Total Credits 25

Public Health: Public Policy Courses

Code	Title	Credits
HLTH 1090	Biostatistics ¹	4
HLTH 2050	Foundations in Public Health	4
HLTH 3150	Epidemiology	4
HLTH 3250 or HLTH 3210	Global Health Health Communications	4
HLTH 3350	Environmental Health	4
HLTH 4700	Practicum Preparation	2
HLTH 4754	Practicum	4
HLTH 4800W	Senior Seminar in Public Health	4
BIOL 2610	Human Anatomy and Physiology I with Lab ¹	4
MGMT 3850 or ECON 3250	Healthcare Policy Healthcare Economics	4
PSYC 2025	Lifespan Developmental Psychology ¹	4
PSYC 3010	Understanding Psychological Disorders ¹	4
One course related to the legal, economic and communication dimensions of health		4
Total Credits		50

¹ Also meets prerequisite requirement for OTD program.

GRADUATE COURSES TAKEN SENIOR YEAR

Code	Title	Credits
OCTH 5010	Human Occupation	3
OCTH 5200	Mental and Behavioral Health	3
OCTH 5410	Children, Adolescents, and Families	3
OCTH 5500	Neuroscience	3
OCTH 5600	Kinesiology for Rehabilitation	3
OCTH 6000	Foundational Skills for Occupational Therapy Practice	3
OCTH 6010	Seminar A: Entering the Profession	1
OCTH 6020	Seminar B and Level I Fieldwork - Psychological and Social Factors Impacting Performance	1
OCTH 6310 or IPE 7000	Evidence Based Practice Evidence Based Practice: Interprofessional Perspectives and Competencies	3
OCTH 6410	Foundations of Research	3
OCTH 6610	Rehabilitation Concepts	3
OCTH 6700	Older Adults in Context	3
OCTH 7100	Social Determinants of Health	1
OCTH 7900	Doctoral Orientation Camp	1
Total Credits		34

GRADUATE COURSES TAKEN AFTER BACHELOR'S DEGREE

Code	Title	Credits
OCTH 5210	Mental and Behavioral Health: The OT Process	3
OCTH 5450	Children, Adolescents, and Families: The OT Process	3
OCTH 5560	Participation and Technology	3
OCTH 6030	Seminar C and Level I Fieldwork Practice Reflection	1
OCTH 6040	Seminar D: Readiness for Level II Fieldwork	1
OCTH 6060	Physical Assessment and Intervention Planning	3
OCTH 6615	Rehabilitation Practices	3
OCTH 6620	Ethical Management	3
OCTH 6710	Older Adults - The OT Process	3
OCTH 7200	Critical Issues	1
OCTH 7700	Level II Fieldwork	5
OCTH 7710	Level II Fieldwork	5
OCTH 8005	Essential Knowledge and Competencies for Leadership	3
OCTH 8010	Evolution of Ideas in Occupational Therapy	3
OCTH 8020	Educational Methods	3
OCTH 8030	Program Evaluation	3
OCTH 8040	Organizations and Systems	3
OCTH 8050	Advanced Practice	3
OCTH 8060	Scoping Review Project	3
OCTH 8080	Doctoral Capstone Project Proposal	1
OCTH 8100	Doctoral Capstone Experience A	3
OCTH 8150	Doctoral Capstone Experience B	3
OCTH 8250	Doctoral Capstone Project	3
OCTH 8300	Doctoral Capstone Footprint	1
Total Credits		66